

Das
große

Krisen

(Ausmalübungen zur Förderung der Konzentration,
Aufnahmefähigkeit und Kreativität)

Malbuch





Das grosse Krisenmalbuch

März bis Juli, 2020

Jeanine Burkard

Während dem Lockdown im Frühling 2020 half mir im Home-office das Zeichnen. Das Zeichnen war eine nützliche Strategie gegen abnehmende Aufmerksamkeit und verminderte Aufnahmefähigkeit. So entstanden während den vielen Stunden Onlineunterricht eine grosse Sammlung von Zeichnungen. In der Hoffnung, dass das Ausmalen der Bilder in kommenden Krisen, ebenso hilfreich sei, ist dieses Buch entstanden. Wir sind im Zeitalter der Krisen. Es wird vermutlich nicht die letzte sein.



Josephine Jatzlau



Josephine Schön

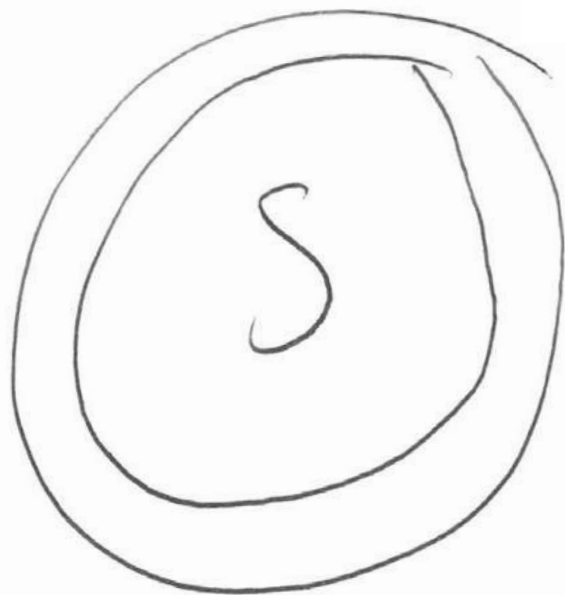


서소현 Lee 2



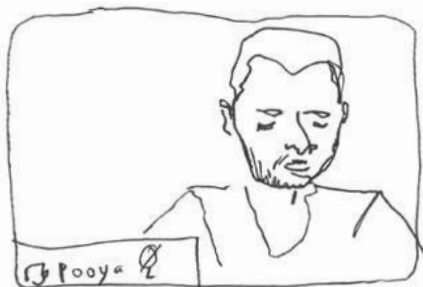


03 Jakob Anton Hörnig &



8 letalik 8



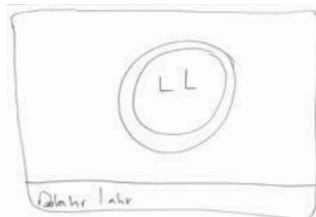
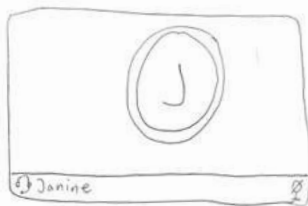
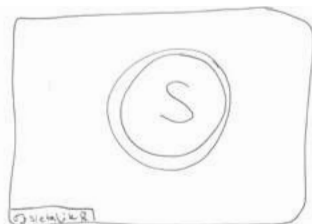
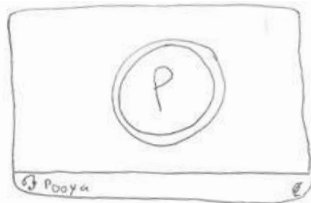
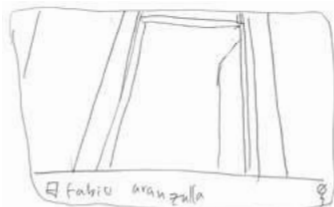




♫ Enviung ♫



☞ Sahyeon Lee ☞





♫ Jakob Anton Hörnis ♪



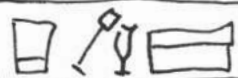
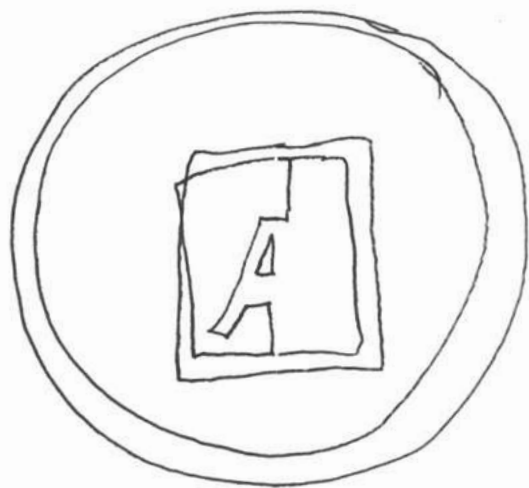
Ronny Aviram



63 Josephine Schön 2



99
Hanako Emden



2




Nathalie Valeska...

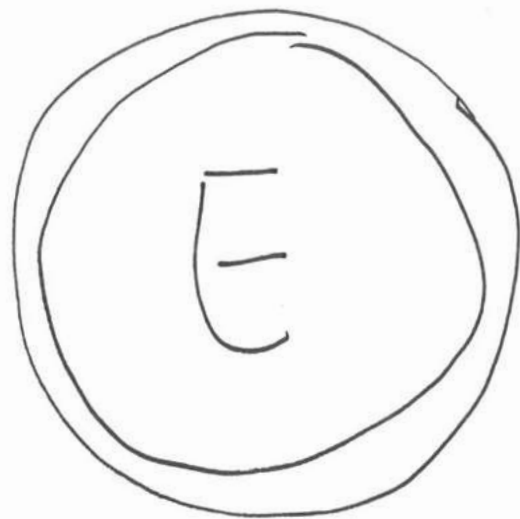
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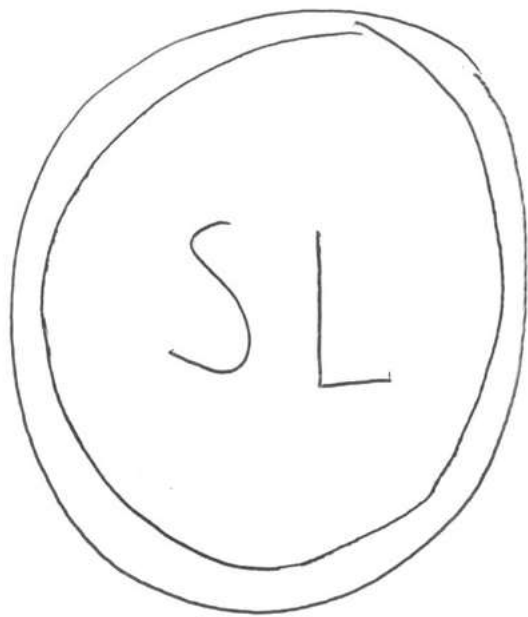
☐ Cosmo Krobach ♀




 Cars ... (Gastgeber)



Emilia



 Sohyeon Lee





D'sle talik &



03 Josephine Zardau &

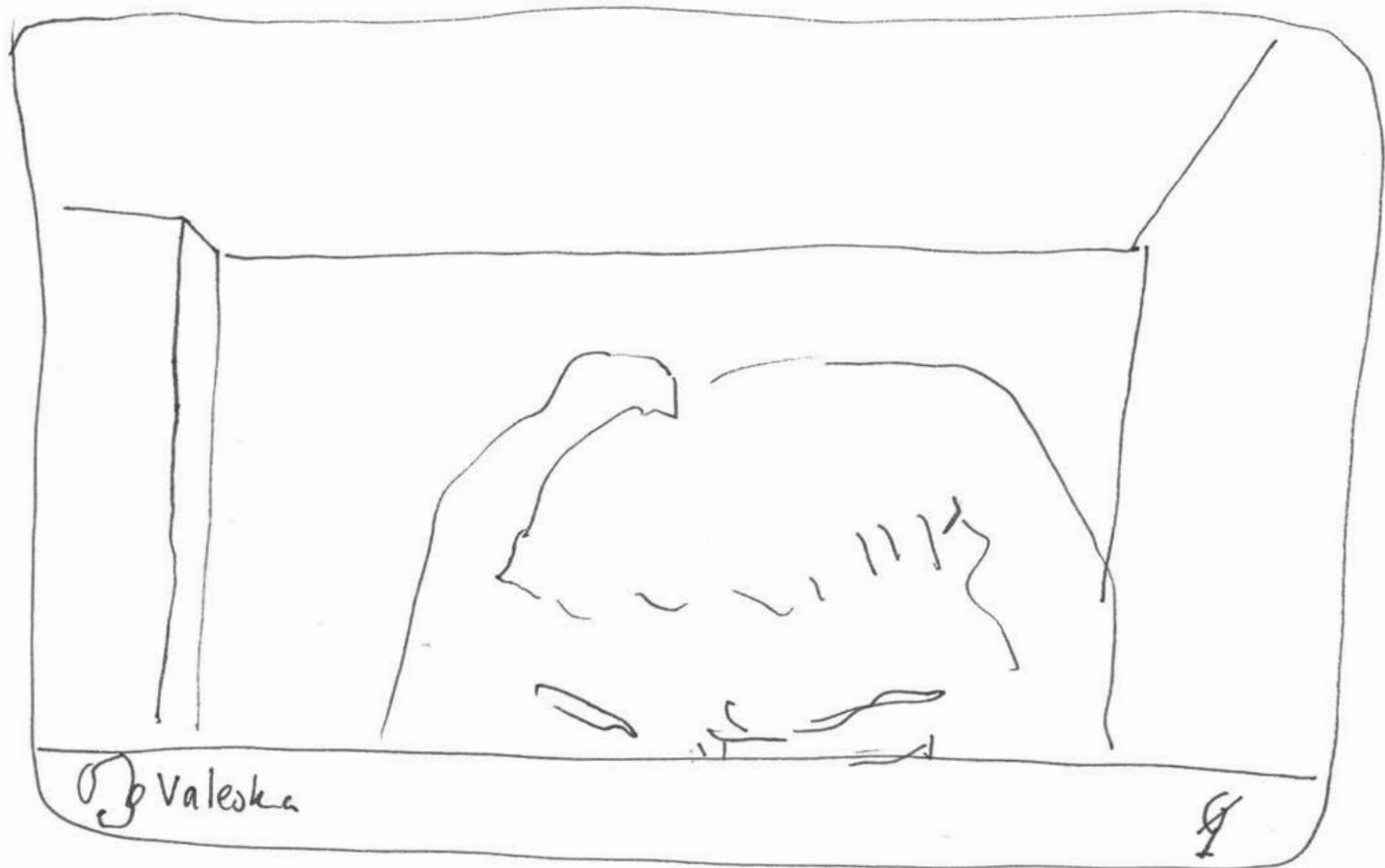


Josephine Jatzlan



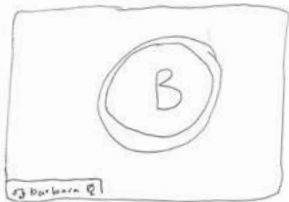
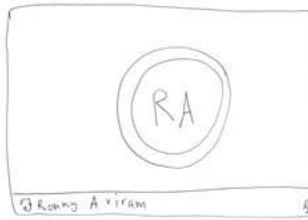
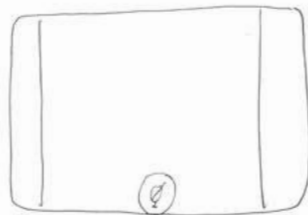
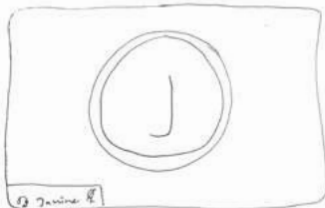
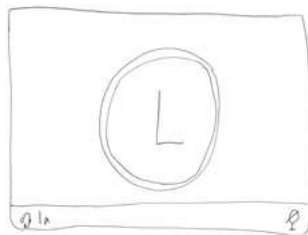


کاهر کاهر

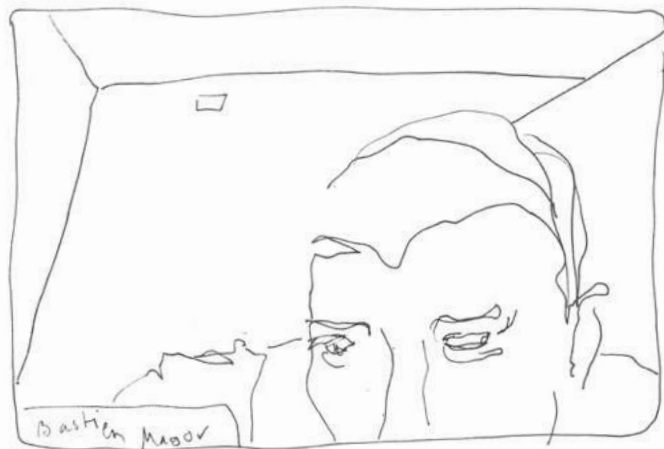


Valeska

[Signature]









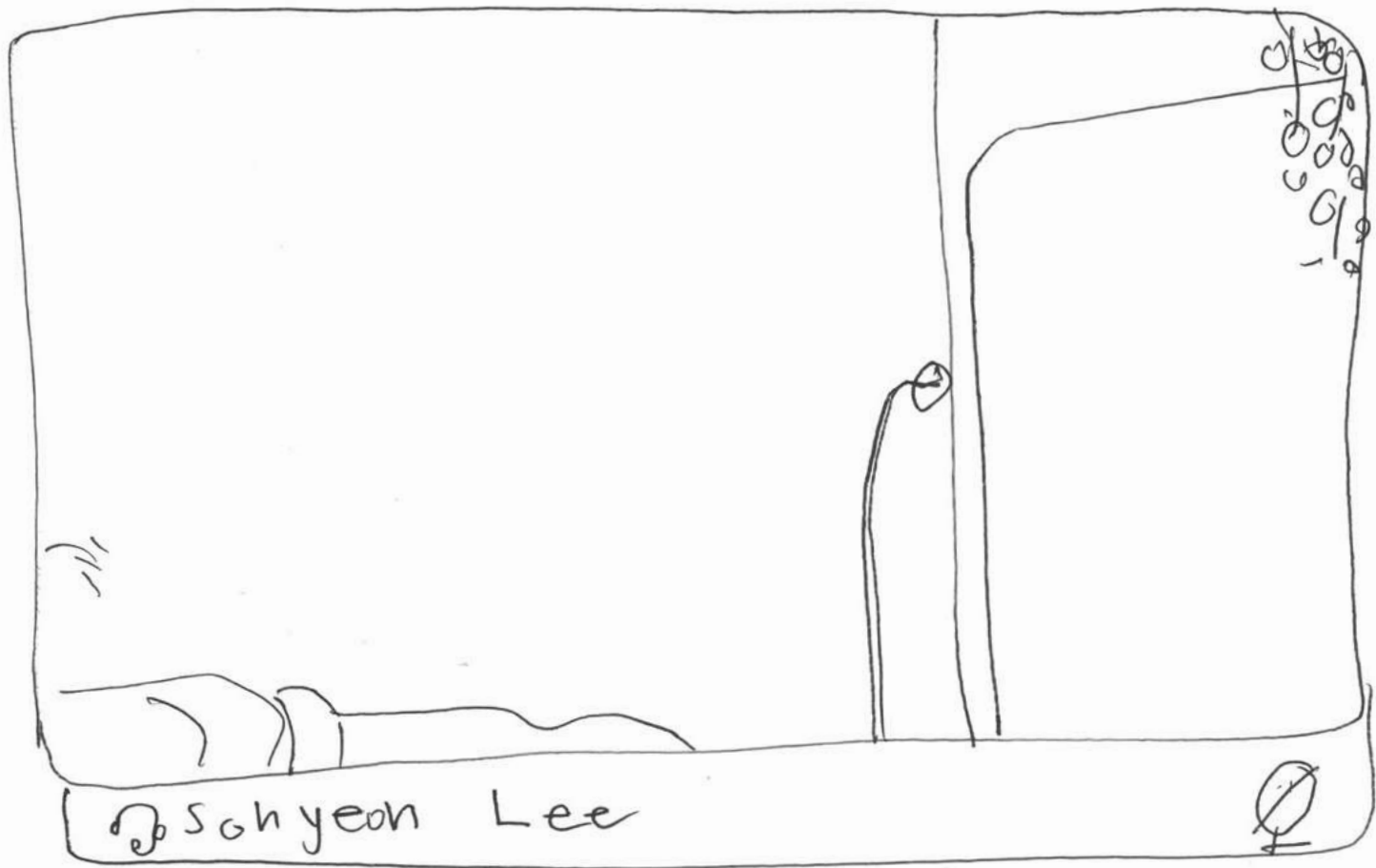
3 sletalik 2



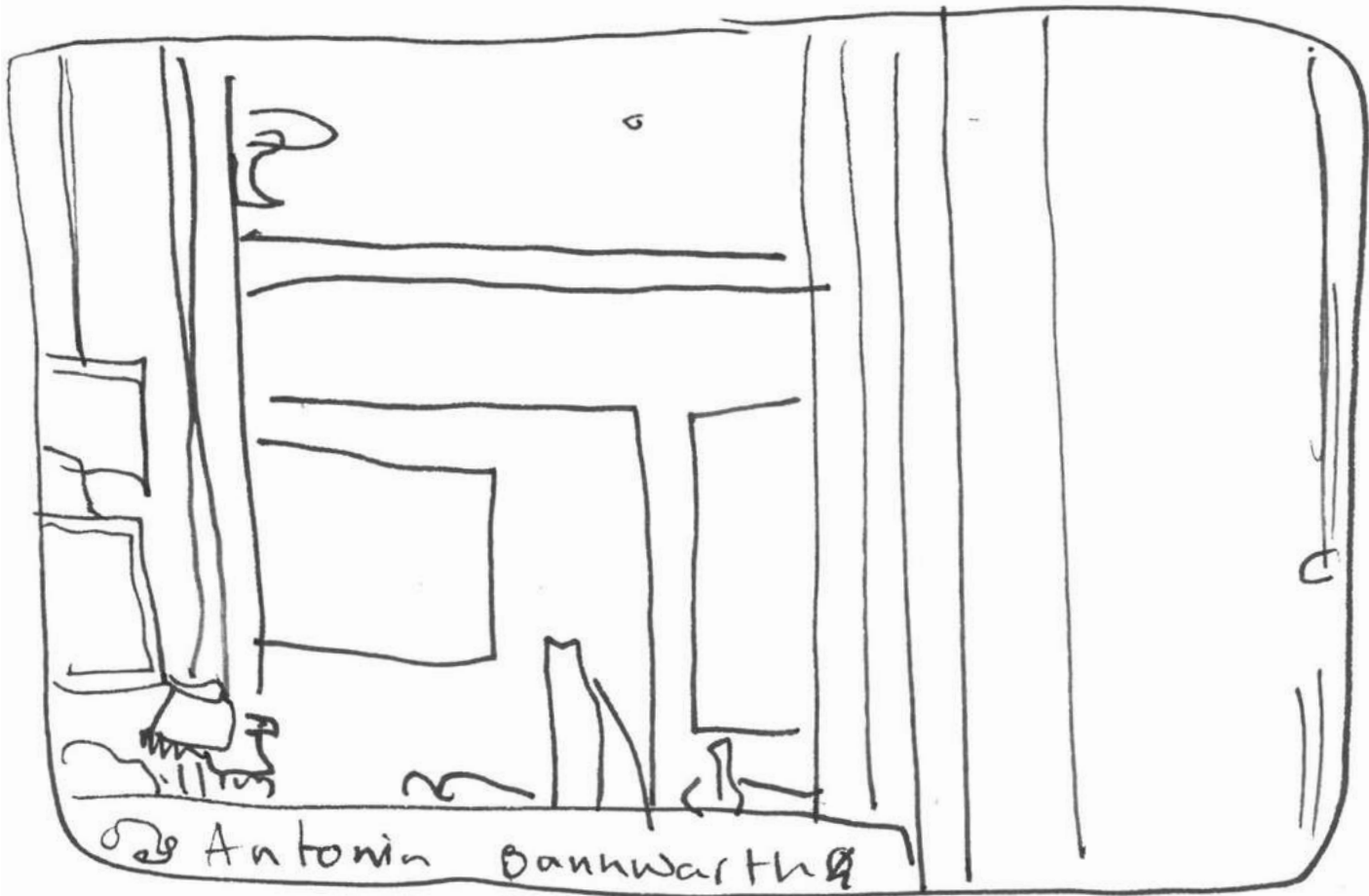
3 sletalik







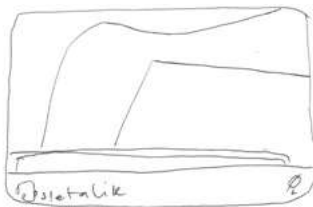
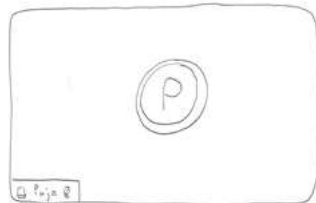
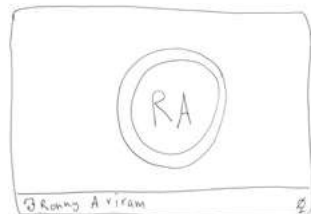
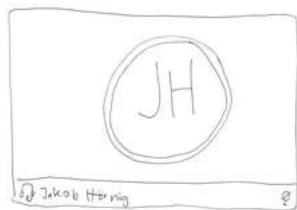
Sohyeon Lee



Antonin Banwarth



San Keller





Delia Andrada Pro... ♀



Tina Bara



Philipp ♀





statistik



Heidi Specker



Delia Andrada Pro...

Q